

# INDOOR TRAMPOLINE PARK GRAVITY

## FOAM PITS SAFETY RULES

- 1. One jumper at a time per lane!**
- 2. Please wait for your turn.**
- 3. No sitting or lying on the mats.**
- 4. Always land on your feet or seat.**
- 5. Absolutely no diving.**
- 6. Absolutely no "Gainers"**
- 7. No landing on your head or stomach.**
- 8. Stay visible. Do not bury yourself or others in the foam.**
- 9. No throwing or picking at the foam.**
- 10. Keep the foam in the pit.**

